



Sunshine Coast Hockey Association Inc

ABN 89 942 594 714

Congratulations on your selection as the SCHA Representative Team Coach

To confirm your selection as the team coach, please read all the information contained in this package and return the Coach's Agreement Form.

Contained in this package:

- Coach's Guidelines and Procedures
- Coach's Code of Ethics
- Coach's Agreement Form
- Coach's Report – use appropriate form for either for State Championships or Zone Championships
- Key Performance Indicator for Players

As coach of the SCHA team, you will be required to make yourself familiar with the selector's and manager's guidelines and procedures as well as the Hockey Queensland Championship Operations Manual. This information can be found on the SCHA website.

There is an inventory of equipment that includes coaching videos and coach's handbook for your use. Please liaise with the Regional Coaching Director and/or the SCHA office for more information.

We hope you enjoy this experience with the Sunshine Coast Hockey Association. Please do not hesitate to contact office should you require further information or have any questions.

Yours in hockey

SCHA – Management Committee



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Sunshine Coast Hockey – Guidelines and Procedures

Championships

COACHES

- The Coach has overall responsibility at all times for coaching and shall conduct themselves in a professional manner at all times as per Code of Ethics Agreement.
- Whilst on the field of play the Coach shall maintain complete control of the Team, its organization and composition with due regard for fairness and equity.
- The Coach shall attend all training sessions, all representative matches in which the team participates and any and all official meetings.
- The Coach shall acquire and maintain their Hockey Coaching qualification at a minimum of Beginner Coach and NCAS accreditation.
- The Coach shall accompany the contingent for both forward and return travel and be accommodated with the contingent. Variations may be approved by the management Committee upon request in writing.
- The Coach and Manager will work together as a team to ensure players are suitably supervised and cared for.

PRIOR TO THE EVENT, THE COACH SHALL: (In consultation with RCD where applicable)

- Organize content of training packages, prepare training Plan Format for each session and at the conclusion of training, evaluate session outcomes.
- Confer with the RCD and Team Manager for the training schedule.
- Liaise with the other selection panel members regarding Team composition, playing style sought etc.
- Provide feedback to players on progress.
- Ensure Team members achieve optimum physical fitness. If any injury occurs to any Player – arrange and report on fitness test seven (7) days prior to start of championship starting date.
- Ensure team members psychological preparation.
- Confer with the Manager regarding travel, accommodation and departure details.

DURING THE EVENT, THE COACH SHALL:

- Confer with the Manager on all matters of dispute etc.
- Confer with the manager on the daily schedule, pre match assembly and post match departure etc.
- Complete Game results – Analysis for each match.
- Be familiar with Managers Guidelines and Procedures Document.



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AFTER THE EVENT, THE COACH SHALL:

- Complete the Coaches Report (as provided by the Association) and the Individual Player Reports with 21 days and submit these together with the Game Results – Analysis Details to the SCHA – Sports Development Official.
- Return all SCHA equipment including Coaches Folder within 7 days of return.



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Sunshine Coast Hockey - Coach's Code of Ethics

Respect the rights, dignity and worth of every human being – within the context of the activity, treat everyone equally regardless of sex, ethnic, origin or religion.

Ensure the athlete's time spent with you is a positive experience – all athletes are deserving of equal attention and opportunities.

Treat each athlete as an individual – Respect the talent development stage and goals of each individual athlete and help each athlete reach their full potential.

Be fair, considerate and honest with athletes.

Be professional in and accept responsibility for your actions – Language, manner, punctuality, preparation and presentation should display high standards. Display control, respect, dignity and professionalism to all involved with the sport – this includes opponents, coaches, official's administrators, the media, parents and spectators. Encourage your athletes to demonstrate the same qualities.

Make commitment to providing a quality service to your athlete – Maintain or improve your current NCAS accreditation. Seek continual improvement through appraisal and ongoing coach education. Provide a training program, which is planned and sequential. Maintain appropriate records. Be at all times in possession of a current 'blue' working with children card.

Operate within the rules and spirit of your sport – The guidelines of national and international bodies governing your sport should be followed. The Australian Sports drug Agency provides regulations to operate within.

Any physical contact with the athletes should be:

- Appropriate to the situation
- Necessary for the athlete's skill development

Refrain from any form of personal abuse towards the athlete – This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.

Refrain from any form of sexual harassment towards your athletes.

Provide a safe environment for training and competition – ensure equipment and facilities meet safety standards. Equipment, rules and the environment need to be appropriate for the age and ability of the athletes.

Show concern and caution towards sick and injured athletes – Provide a modified training program where appropriate. Allow further participation in training and competition only when appropriate. Seek medical advice when required. Maintain the same interest and support towards the sick and injured athlete.

BE A POSITIVE ROLE MODEL FOR YOUR SPORT AND YOUR ATHLETES



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Sunshine Coast Hockey Association Coach's Agreement Form (Please sign to confirm your acceptance of this position)

I _____ (Please print full name)

Of _____
_____ (address)

Agree to accept the designated coaching position with the Sunshine Coast Hockey Association. I will operate within the specified guidelines and abide with the Sunshine Coast Hockey Code of Ethics.

TEAM APPOINTED TO: _____

Coach's Signature: _____

Date: _____

Sunshine Coast Hockey Association

Signature: _____

Position Held: _____

NCAS Accreditation **Expiry Date:** _____

COACH'S BLUE CARD NUMBER: _____ **EXPIRY DATE:** _____

Sighted by:

SCHA Official/Administrator Name

Signature



SUNSHINE COAST HOCKEY ASSOCIATION INC
COACHES REPORT
(For use at State Championships)

TEAM _____ CHAMPIONSHIP _____

YEAR: _____

Please complete your report and return to the office within 2 weeks of return from the Championship.

PRE TOURNAMENT PREPARATION / Turf time allocation, equipment etc

POOR

GOOD

VERY GOOD

EXCELLENT

Comments

Match reports

Game 1

Game 2

Game 3

Game 4

Game 5



Sunshine Coast Hockey Tournament Result Sheet
(Use for Zone Championships)

Date:

Venue:

U11/13/15/18/Open Team (please circle)

Male Female

Coulter Shield Southern Cross Wide Bay State

Opposition	Result	Game Score	Goal Scorers
	<input type="checkbox"/> Win <input type="checkbox"/> Draw <input type="checkbox"/> Defeat		
	<input type="checkbox"/> Win <input type="checkbox"/> Draw <input type="checkbox"/> Defeat		
	<input type="checkbox"/> Win <input type="checkbox"/> Draw <input type="checkbox"/> Defeat		
	<input type="checkbox"/> Win <input type="checkbox"/> Draw <input type="checkbox"/> Defeat		
	<input type="checkbox"/> Win <input type="checkbox"/> Draw <input type="checkbox"/> Defeat		
	<input type="checkbox"/> Win <input type="checkbox"/> Draw <input type="checkbox"/> Defeat		

Comments:

Continued on page two

Any other comments

Please attach separate pages if there is insufficient room.

Coach's name: _____

Signature: _____

Date:

KEY PERFORMANCE INDICATORS

STRIKER:

Name:

INDICATORS	RATING		
	VG	G	Needs developing
SKILL ASPECTS			
Recognises 1 v1 have a go			
Timing and movement off the ball. Leading			
Key into rotations with other strikers and midfield			
Receiving the ball moving forward			
Communication in press			
Reaction to set up quickly in press			
Best goal scoring position			
Tackling – Steals in press			
Tackling - Steals turn and chase			
Finishing – Repertoire of shots			
Elimination E.G left to right drag - Wide			
Work rate			
Pre match preparation and post match recovery			
FITNESS ASPECTS			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
PSYCHOLOGICAL ASPECTS			
Handling pressure			
Temperament			
Concentration			
Working with others			
PREPARATION PRIOR TO TEAM CAMP			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
COMMENTS			

KEY PERFORMANCE INDICATORS

MIDFIELD:

Name:

INDICATORS	RATING		
	VG	G	Needs developing
SKILL ASPECTS			
Rotation in outlet			
Interception lines			
Timing of movement. Leading			
Cueing into outlet. Sharp movement			
Receiving the ball moving			
Quality finishing			
Tackling 1 v1			
Tackling – Turn and chase			
Recognition when to 1 v 1 or pass			
Distribution (ability to give a penetrating pass)			
Work rate			
Pre match preparation and post match recovery			
FITNESS ASPECTS			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
PSYCHOLOGICAL ASPECTS			
Handling pressure			
Temperament			
Concentration			
Working with others			
PREPARATION PRIOR TO TEAM CAMP			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
COMMENTS			

KEY PERFORMANCE INDICATORS

DEFENDER (FULLBACK)

Name:

INDICATORS	RATING		
	VG	G	Needs developing
SKILL ASPECTS			
Decisive calling and organisation			
Tackling – in open play			
Tackling in and around circle			
Tackling to hold up play - channelling			
Patience in transfer			
Out letting urgency			
Out letting options and cueing			
Ability to give a penetrating pass			
Reaction to turn and chase			
Marking			
Marking in circle			
Work rate			
Pre match preparation and post match recovery			
FITNESS ASPECTS			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
PSYCHOLOGICAL ASPECTS			
Handling pressure			
Temperament			
Concentration			
Working with others			
PREPARATION PRIOR TO TEAM CAMP			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
COMMENTS			

KEY PERFORMANCE INDICATORS

HALF BACK

Name:

INDICATORS	RATING		
	VG	G	Needs developing
SKILL ASPECTS			
Communication – pressing lines			
Linking with midfield - knowing when to			
Reaction to transitions			
Transfer positioning			
Transfer awareness of stage of game			
Tackling in open play			
Tackling to hold up play - channelling			
Tackling in and around circle			
Out letting urgency			
Out letting options			
Ability to give a penetrating pass			
Marking			
Marking in circle			
Work rate			
Pre match preparation and post match recovery			
FITNESS ASPECTS			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
PSYCHOLOGICAL ASPECTS			
Handling pressure			
Temperament			
Concentration			
Working with others			
PREPARATION PRIOR TO TEAM CAMP			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
COMMENTS			

KEY PERFORMANCE INDICATORS

GOALKEEPER

Name:

INDICATORS	RATING		
	VG	G	Needs developing
SKILL ASPECTS			
Decisive calling and organisation			
Balance			
Angles			
Saves straights at them			
Saves wide of them			
Stick saves			
Clearances			
1 v 1			
Decision making			
PC Defence effectiveness			
Pre match preparation and post match recovery			
FITNESS ASPECTS			
Aerobic fitness			
Acceleration			
Mobility			
Strength			
Reaction Time			
How well did they carry out the exercises or advice given by physio?			
PSYCHOLOGICAL ASPECTS			
Handling pressure			
Temperament			
Concentration			
Working with others			
PREPARATION PRIOR TO TEAM CAMP			
How well was the conditioning program carried out?			
How well was the strength program carried out?			
COMMENTS			